

# BENTONVILLE SPORTS MEDICINE EMERGENCY ACTION PLAN

# WASHINGTON JUNIOR HIGH / COLEMAN REC

# **1501 NE WILDCAT WAY, BENTONVILLE, AR. 72712**

Instruct EMS to enter off of NE Wildcat Way to Coleman Ave. For Gym enter through glass side door. For Coleman Rec enter front door.

EMERGENCY CONTACT LIST
EMERGENCY – 911
POLICE – 479-271-3170
FIRE – 479-271-3151
HOSPITAL – 479-553-1000
DUNK FIRE AND SECURITY
479-750-1833
*ACC# 101 LINE# 8814*
SCOTT PASSMORE
ATHLETIC DIRECTOR
479-366-3384
CHRIS HUTCHENS
ASSISTANT AD
479-531-4135
DREW BOMBARDIERE
ATHLETIC TRAINER
850-428-1677
MICHAEL NOLAN
ATHLETIC TRAINER
816-820-3427
CANYON BARBER
ATHLETIC TRAINER
870-577-0401

## **EMERGENCY ACTION PLAN INJURY PROTOCOL**

### **\*IN A LIFE THREATENING EMERGENCY DIAL 911!\***

#### Life Threatening Emergency

- 1. Stabilize the victim and dial 911
- 2. Direct Emergency personnel to scene, provide address listed above. Indicate if a head or neck injury is suspected to dispatch operator.
- **3.** If available, designate someone to "flag down" EMS and direct them to scene
- 4. Retrieve emergency equipment (AED, First Aid Kit, etc...). Emergency equipment is located inside the Indoor Practice Facility or Tiger Athletic Complex inside athletic training room

Non – Life Threatening Emergency

- 1. Contact Bentonville Athletic Training Staff
- 2. Provide location, name, victims name, phone number and brief description of accident
- 3. Follow all given instructions
- 4. Remain with victim till Bentonville school personnel arrive

Roles and responsibilities of Certified Administration, Athletic Trainer (ATC), Coaches

- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
- Activation of emergency medical system (EMS)
- 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Direct EMS personnel (ambulance) to scene
- Emergency equipment retrieval
- Ensure emergency entrance to Football facility is clear and accessible (check parking lots regularly)
- Unlock and open doors and gates for EMS to access facility
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present)
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.
- Contact students parent or guardian

## Lightning/Inclement Weather

#### Detecting Lightning

If inclement weather is forecasted or sighted in the area (within 10 miles), the on-site certified athletic trainer (ATC) or administrator will use both Earth Networks Weather Monitoring System Online updates and the flash-to-bang method to monitor for lightning strikes.

**1**. Earth Networks will send mobile updates to the on-site athletic trainer or administrator via mobile phone when lightning is present in the area. If Earth Networks Weather Monitoring System is not available to the on-site athletic trainer, the flash-to-bang method will be used.

2. To use the flash-to-bang method, the observer begins counting when a lightning flash is sighted. Counting is stopped when the associated bang (thunder) is heard. Divide this count by 5 to determine the distance of the lightning flash (in miles).

#### Safe Shelters

The on-site ATC or administrator shall have the authority to remove participants from athletic venues or activities when lightning may be a threat to student-athlete or spectator safety. If lightning is in the immediate area, the on-site ATC or administrator will notify the head coach as to the status of the inclement weather and of need to take shelter.

Safe shelter for football—TIGER ATHLETIC COMPLEX
Safe shelter for baseball/softball—CONCESSION/EQUIPMENT COMPLEX
Safe shelter for soccer/track —LOCKER/WEIGHT ROOM
Safe shelter for tennis—CARS OR BUS

\*Visiting teams can go into safe shelters or bus\* \*All spectators are to clear the venue and remain in their cars until "All Clear" is given\*

Unsafe shelter areas: water, open fields, dugouts, golf carts, metal objects (bleachers, fences, etc.), individual tall trees, light poles. Avoid being the highest object in an open field.

#### Suspension and Resumption of Athletic Activities

Activity may resume once the on-site ATC or administrator gives permission. It will be deemed safe to resume activity 30 minutes after the last lightning strike or once Earth Networks Weather Monitoring System gives the "All Clear" notification.

